



University of South Florida

Call **CARD-USF** today to register and see if you qualify for a **FREE safety kit.**

(800) 333-4530
Toll-Free (Florida)

(813) 974-2532

CARD-USF's Autism & Safety Kit is designed to provide individuals with an autism spectrum disorder (ASD) and their families with tips, information, advice and resources to help those living with ASD stay safer.

You may be eligible for a CARD-USF Safety Kit if you...

- + Have a diagnosis of ASD
- AND**
- + Have safety concerns around water, elopement, fire, and/or poisoning
- + Require assistance from CARD staff to teach safety skills



CARD's safety strategies and resources are just a click away!

card-usf.fmhi.usf.edu/safety



Top Safety Tips

- 1. Request an Autism Safety Kit** and teach family members how to use it.
- 2. Complete and attach the Medi-Pal** to your child's seat belt. Model car safety—wear your seatbelt and do not text and drive.
- 3. Purchase bike helmets and require them** to be worn at all times. Model this behavior by wearing your helmet too!
- 4. Teach and practice pedestrian safety.**
- 5. Assess your child's risk** for wandering. Request and implement strategies to prevent wandering.
- 6. Register for swim lessons** that include water safety and self-rescue skills.
- 7. Assign a 'Water Watcher'** whenever near water.
- 8. Lock and protect chemicals** and drugs that can cause accidental poisoning.
- 9. Purchase and install smoke alarms.** Contact your local fire department if you cannot afford a smoke alarm.
- 10. Create a plan** to evacuate in case of emergency or fire.
- 11. Prevent abuse** and exploitation of persons with ASD. **Report abuse** to 911 or the Florida Abuse Hotline.
- 12. Program emergency numbers** into your phone:
Emergency Services, 911
Poison Control, 1-800-222-1222
Florida Highway Patrol, *347 (Cellular)
Florida Abuse Hotline, 1-800-962-2873



Your family's safety strategy begins with a call to CARD-USF!

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