

Want More Information About CARD?

Call:
813-974-2532 or 1-800-333-4530

Website:
<http://card-usf.fmhi.usf.edu>

Write:
CARD-USF MHC 2113A
13301 Bruce B. Downs Blvd.
Tampa, Florida 33612

**My MediPal®
Information**



CARD is a Program of:



CARD-USF serves the following Florida counties:
Charlotte, Collier, Desoto, Glades, Hardee, Hendry,
Highlands, Hillsborough, Lee, Manatee, Pasco,
Pinellas, Polk, and Sarasota.

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Patent No. D681940 www.medipal.com



My Name: _____

Birth Date: _____

Address: _____

My Home Phone: (____) _____

My Cell Phone: (____) _____

My Contacts:

Mother: _____

Phone: (____) _____ Cell
 Home
 Work

Father: _____

Phone: (____) _____ Cell
 Home
 Work

Other: _____

Phone: (____) _____ Cell
 Home
 Work

My Medical Insurance Information

Name: _____

Phone: (____) _____

Member I.D.#: _____

My Primary Doctor

Name: _____

Phone: (____) _____

My Specialty Doctor

Name: _____

Phone: (____) _____

My Dentist

Name: _____

Phone: (____) _____

My Medical Information

I Communicate By: Speaking
 Using Gestures Using a Communication Device
 Using Sign Language Other: _____



My Medical Condition: _____

My Blood Type: _____

My Medications: (As of this date: _____) Include name and dosage:

My Allergies to Food or Medication: (include side effects)

My Special Needs and Other Information:

My Preferred Hospital is: _____

You can download this form at: www.medipal.com/insert-card-usf

The purchaser/user of the Emergency Seatbelt ID assumes full responsibility for the accuracy of information provided, the placement of the ID on any user's safety belt or physical self, and/or any harm produced by the ID holder itself or from any contents placed in the ID holder. Information provided which results in disclosure of information to unwanted parties or resulting in identity theft, is the sole responsibility of the purchaser/user.



What Does CARD-USF Offer?

Training: CARD-USF addresses issues of critical importance to teachers and parents of individuals with autism and related disabilities through training opportunities in our 14 county region.

Direct Assistance: Our CARD consultants work with individual constituents and/or their family to provide them, their school or agency with information that will help meet the needs at hand.

Technical Assistance: CARD-USF provides assistance to a professional group, agency, classroom or school district. This level of assistance is for the purpose of offering specific intervention strategies that can modify or enhance the outcomes within a designated setting.

Resource and Referral Assistance: CARD-USF has gathered a list of local and regional resources that may be of use to parents and professionals.

Project Development: CARD-USF engages in project development with the goal of building capacity in the communities we serve.

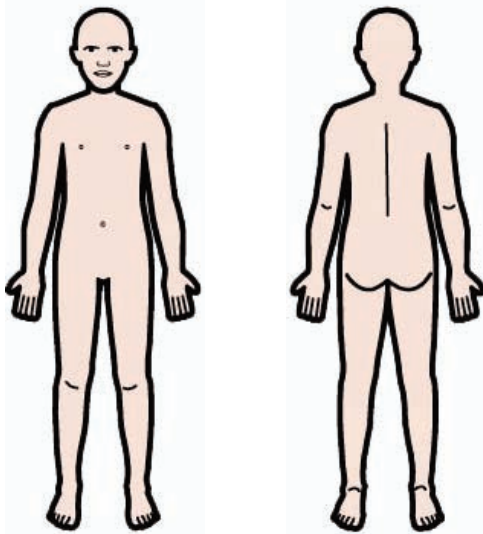


Scan this code for a practical guide for first responders to meet the needs of individuals with Autism Spectrum Disorders.

Communication Tool

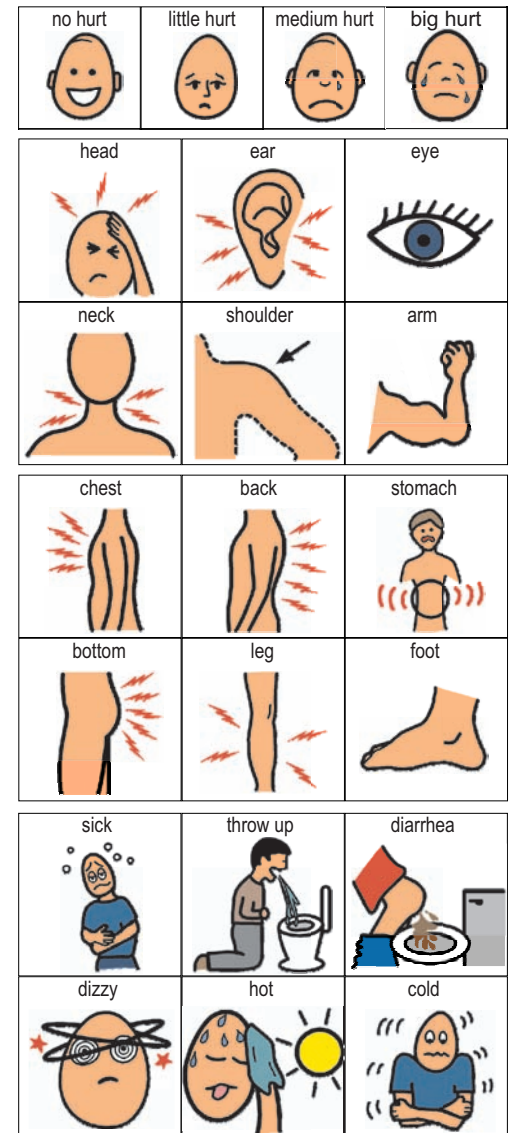


Please point to where you hurt.



Tips for Interacting with Persons with Autism

- Display calming body language, give extra personal space.
- Use simple concrete terms, avoid metaphors and slang; speak slowly and give extra time for them to reply.
- The person may wander with no fear of real danger, attracted to water and roadways.
- The person will likely have high anxiety and will display adverse, possibly aggressive behavior. Given time and space they may de-escalate their behavior.
- The person may be highly sensitive to lights, sounds, smells or touch.
- The person may repeat your words/phrases/body language. Try using pictures, or fill in the blank questions.
- Each individual with autism is unique and may act or react differently.



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