

## What does CARD-USF offer?

**TRAINING:** CARD-USF addresses issues of critical importance to families and professionals through training opportunities in our 14 county region.

**DIRECT ASSISTANCE:** Our CARD consultants work with individual constituents and/or their family to provide them, their school or agency with information that will help meet the needs at hand.

**TECHNICAL ASSISTANCE:** CARD-USF provides assistance to a professional group, agency, classroom or school district. This level of assistance is for the purpose of offering specific intervention strategies that can modify or enhance the outcomes within a designated setting.

**RESOURCE & REFERRAL ASSISTANCE:** CARD-USF has gathered a list of local and regional resources that may be of use to individuals, families, and professionals.

**PROJECT DEVELOPMENT:** CARD-USF engages in project development with a goal of building capacity in the communities we serve.



### *Florida's First Choice for Autism Support*

The Center for Autism & Related Disabilities (CARD) provides support and assistance with the goal of optimizing the potential of people with autism and related disabilities.

### *For more information...*

Please contact CARD-USF to speak with an adult services consultant. You may also visit our website at:

<http://card-usf.fmhi.usf.edu>

Center for Autism and Related Disabilities  
Department of Child and Family Studies  
Louis de la Parte Florida Mental Health Institute  
University of South Florida MHC 2113A  
13301 Bruce B. Downs Blvd.  
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# Adult SERVICES

CENTER FOR AUTISM AND RELATED DISABILITIES  
AT THE UNIVERSITY OF SOUTH FLORIDA





## CARD Adult Services

The Center for Autism and Related Disabilities (CARD) is committed to helping individuals become valued and productive citizens. We achieve this goal through utilizing evidence based practices that are developmentally appropriate for each stage of the lifespan. As individuals with autism spectrum disorders move from their school years to adulthood, there are numerous services, systems, and supports that need to be considered in order to ensure an individual's ongoing quality of life. Topics such as transition from school to the world of work and/or college; lifestyle planning; social security benefits and use of work incentives, and preparation for independent living are just a few of the areas that we address with our constituents at CARD.

## Our Vision...

Our vision for adults with autism is for them to have the same opportunities in life that are available to all citizens. These opportunities include:

- Being as **independent** as possible
- Having a **safe** place to live
- Holding a **job** that suits their capacities and interests
- Having a **social life** that includes real friends
- Making important **choices** in their life
- Being supported to fulfill their **potential** as contributing members of society.



## More about CARD...

The Center for Autism and Related Disabilities at the University of South Florida is one of seven CARD centers in Florida. CARD-USF serves Florida families and professionals in the following counties:

*Charlotte, Collier, Desoto, Glades, Hardee, Hendry, Highlands, Hillsborough, Lee, Manatee, Pasco, Pinellas, Polk, and Sarasota*

CARD-USF is a community-based project that provides information and consultation to individuals diagnosed with autism spectrum disorders and related disabilities. CARD-USF offers instruction and coaching to families and professionals through a training and assistance model.

