

Welcome to Out of Zion



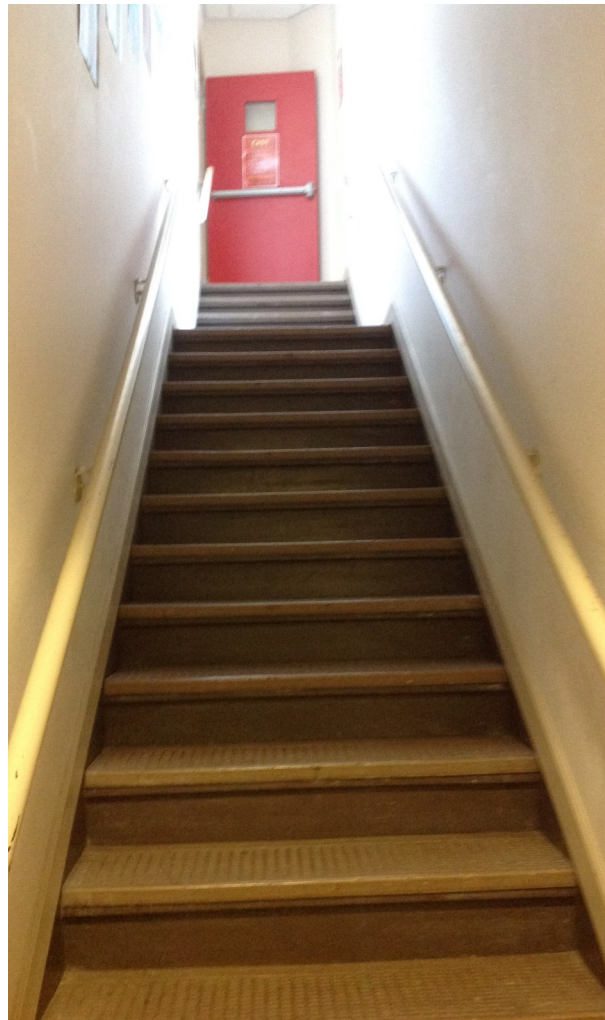
Notes to Caregivers:

- ◇ When you check your child in, you will enter your phone number for Out of Zion to retrieve your information. A sticker will be printed for your child to wear, and you will be printed a sticker which you will use to check the child out at the end of their day.
- ◇ If you would like to bring a sibling under age 5, he/she can play in the playroom under your full supervision.
- ◇ Snacks will be provided by the Out of Zion staff and may include water, pretzels, crackers, or fruit.
- ◇ If you would like your child to have a specific snack, you are permitted to pack that snack as long as it is a nut free snack.

When I arrive at Out of Zion I will go in through the doors with the blue hood.



When I walk in the door there will be stairs and an elevator. I can choose to take the elevator or the stairs.



When I get to Out of Zion I will see volunteers who will help me figure out where to go. The volunteers will be wearing Out of Zion shirts so they will be easy to find. I might have a one-on-one volunteer with me to help me all throughout the day. We will call that volunteer my "Sidekick" since I am the "Superhero"!



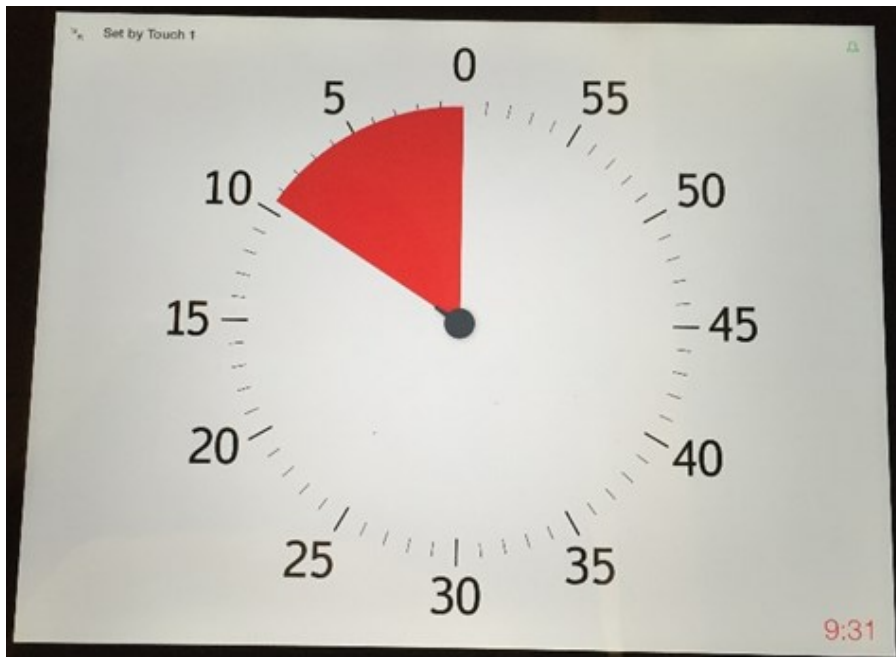
When the adult that is dropping me off checks me in, I will get a sticker to wear. The sticker will go on the back of my shirt and I will probably forget that it is there. If the sticker is bothering me I can let an adult know and they will help me.



During "check-in" time I can explore different centers. There will be lots of things I can do like: blocks, Legos, puzzles, puppets, dress up, board games and more!



We will have a morning meeting before we start going to different centers. At this time we may watch a video or listen to an announcement. When I am at Out of Zion there will be timers to show me how much time I have for each activity. The timers and 5 minute warnings will let me know when my time for an activity is almost up!



When morning meeting is over I can choose a class to go to. I can choose Dance, Drama, Piano or Drums. I will get to try them all on my first day and after that I will get to pick two. My sidekick will help me figure out where I need to go.

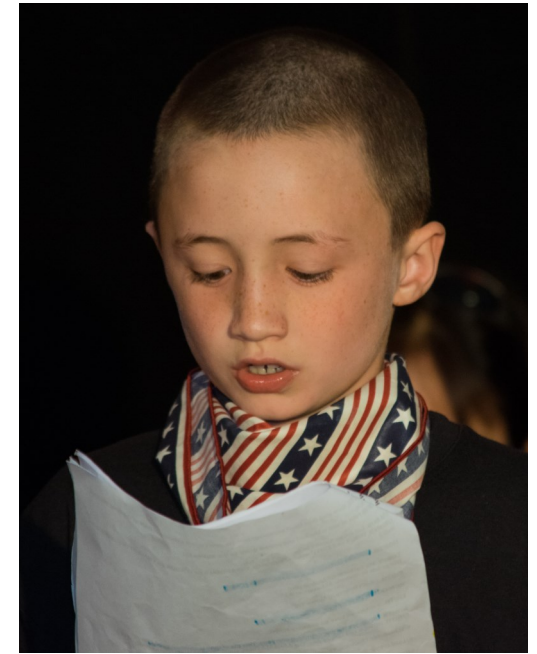
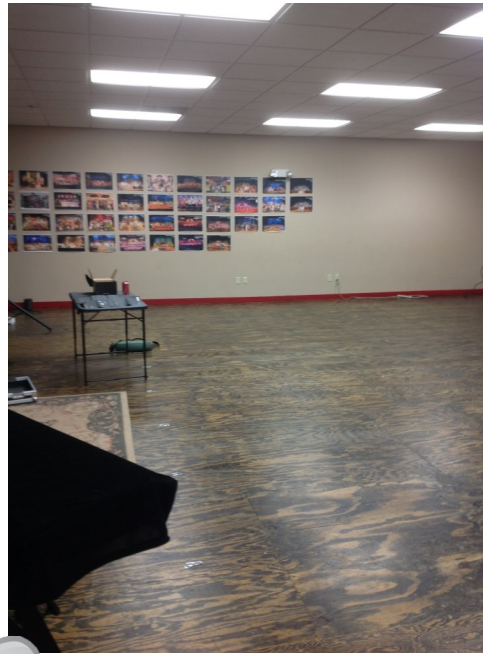


If I choose to do dance, I will be in the dance room. I will have to take my shoes off when I am in the dance room. I will listen to my dance teachers and I will be safe with my body in the dance room.

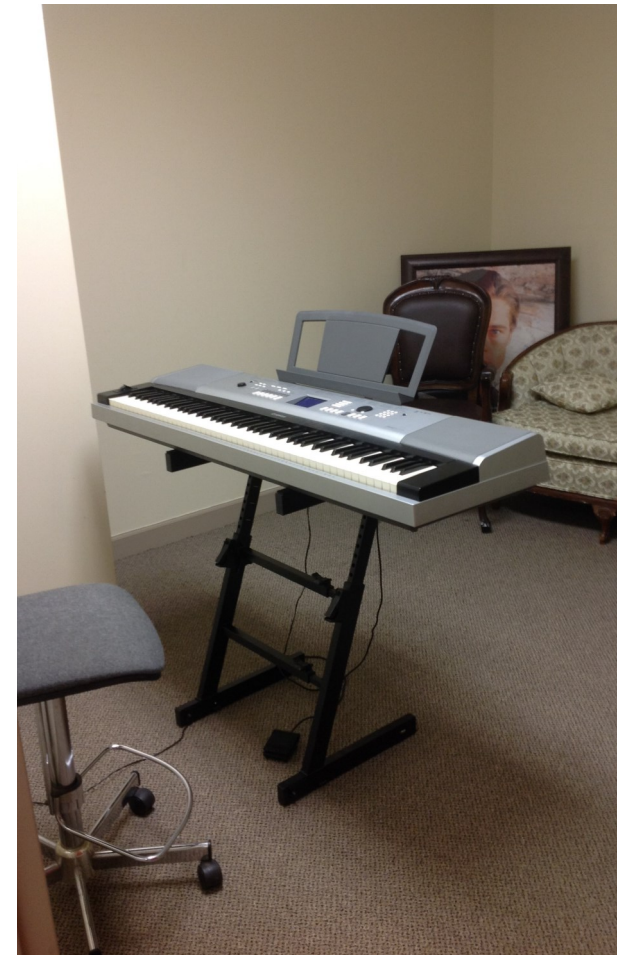
If I have trouble learning the dance, I will be able to watch videos of the different steps to help me remember.



If I choose to go to drama, I will learn about acting or pretending to be a different character. We will be in the room where we had our morning meeting. We will play different games. We will practice for our show. At the show I might wear a costume.



If I choose to do piano, I will either be in the room with the piano keys on the door or I will be in the room with the electric piano. When I am in piano class I will use gentle hands with the piano and with my teacher. If the piano is too loud I can ask my teacher to turn the sound down. I will listen to the teachers rules and I will have lots of fun!



If I choose to do drums my side kick will bring me to the drum room. At drum class we will explore different sounds and rhythms we can make using drums and drum sticks. If the sound is too loud for me, I can request to use the noise canceling headphones.



After exploring the creative arts classes, I will get to do art. During art I might use different materials like paint, glue/glue sticks, crayons, colored pencils, or something else! If something smells I can hold my nose. If I do not want to use a material I am given, I will let an adult know and they will help me.



Schedule:

10:00– Get dropped off at Out of Zion and get checked in



10:20– Morning Meeting



10:30– Discover Performing Arts Classes



11:30– Arts and Crafts/ Snack



12:00– Get Picked Up



During snacks and arts & crafts, the adult taking care of me will come to pick me up and take me home. This will be my schedule for every day except the last day.

On my last day, we will put on a show for all of our families and friends. We will take turns going up on the stage. I am going to have fun showing everyone what I learned. When I put on the show, I might get to wear a costume or I might have face paint. If I do not want to wear a costume or have my face painted I can let my side kick know and I will not have to.



Created by:

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