

I am going to the We Rock The Spectrum Kid's Gym!





I can bring snacks and a drink from home.



I eat my food in the activity room or lobby.

I do not eat in the gym area.

When we arrive, we say hello to Ms. Valerie and Mr. Kaleb and check in.



To play, I need to take off my shoes. I put my shoes in the cubby.



I can be barefoot or wear my socks.

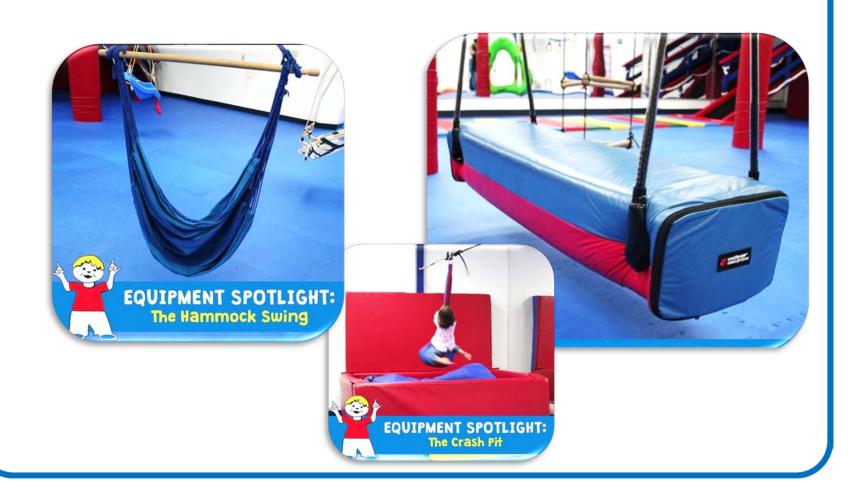
I wait behind the gate until a staff member checks me in.



At the gym I can swing, jump and climb!



There are adults at the gym to help me learn how to use the equipment.



The grown-up taking care of me can go on the trampoline with me!



To be safe, only one person is allowed on the zip line and crash zone. I will wait until it's my turn!





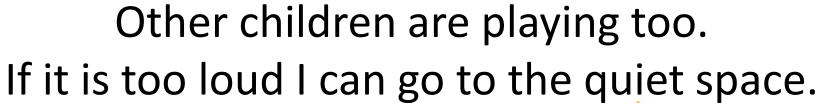
The grown-up I am with must be watching me and taking care of me at all times, no matter where I am in the building.

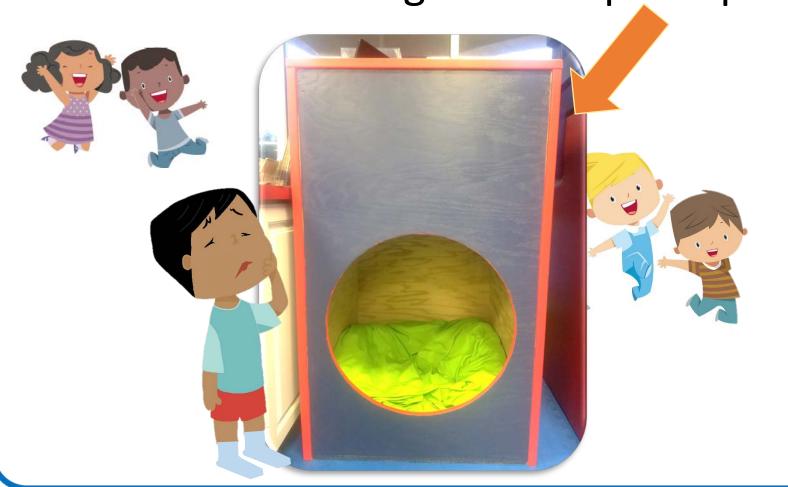






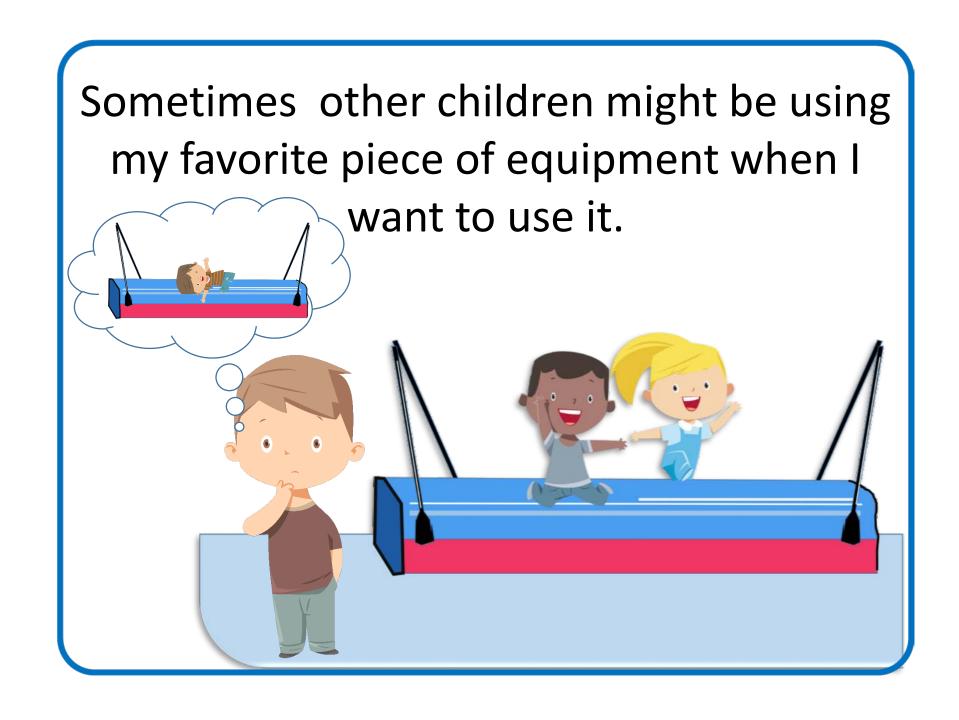


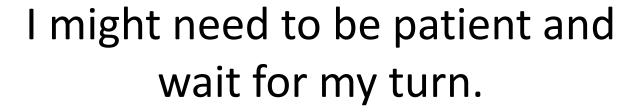




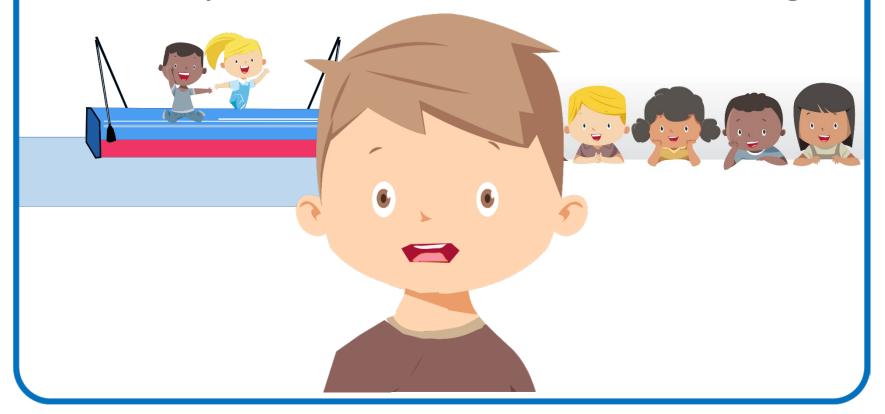
I will use walking feet so we can all be safe.







I will try to be calm when I am waiting.



When I want to take a break there is a table where I can color or play with toys.





The gym also has a bathroom and a water fountain that I can use.





I will have fun at the gym and try new things!







I might have so much fun that I don't want to leave!



When I am told it's time to go, I listen and follow directions right away.

I can come back another day.



Because I listen and follow directions when it's time to leave, my family is happy!

I will be allowed to come back again next time!



I will have fun again the next time I visit





Notes for Parents and Caregivers:

- Please check in with our staff at the front desk and be sure your child's shoes are stored in a cubby.
- Please *actively* supervise your child at all times during your visit; even during bathroom and snack breaks.
- Children of different ages and abilities are playing together, so running can be dangerous. Please encourage your child to walk and use gentle touch.
- The Kid's Gym is fun and leaving is sometimes hard for children. Help your child prepare to change activities or leave the gym by giving frequent reminders prior to leaving. Talk to them about favorite activities they can do after they have put on their shoes and accompanied you out the door. Sometimes a visual schedule showing what will come next helps.
- We offer parties that allow for private use of the entire gym! Check out the following page for pricing and package options.



-DECORATE AS YOU DESIRE -

Rock Basic*

\$325 2 hours

*Private Party

*up to 20 kids

*\$10 each additional child

*WRTS T-shirt for birthday child

*Free Pass for child guests

Rock Unique*

\$280 2 hours

*Private Party

*Special Needs Birthday ONLY

*Up to 15 kids ONLY

*WRTS T-shirt for birthday child

*Free Pass for child guests

Rockstar*

\$400 2 hours

* Private Party

*up to 25 kids

*\$10 each additional child

*Craft activity

*WRTS T-shirt for birthday child

*Free Pass for child guests

Rock Mini*

\$250 1.5 hours

*Private Party

*up to 12 kids

*\$12 each additional child

*1 hour gym, 30 min cake/presents time

*no food/lunch service allowed

*Free Pass for child guests

*ALL PRICES SUBJECT TO 7% FLISALES TAX

All packages include a complimentary 30 min set up time Add-ons available: ICE, Face Painting, Balloons, WRTS Party Favors, white paper products, Additional set-up time

Autism Friendly Materials were Created by the Center for Autism and Related Disabilities at USF





813-974-2532

The Center for Autism & Related Disabilities at USF is a community-based project that provides information and consultation to individuals diagnosed with autism spectrum disorders and related disabilities. CARD-USF offers instruction and coaching to families and professionals through a training and assistance model. CARD USF serves 14 counties in west, central and southwest Florida.