



What Does CARD-USF Offer?

Training: CARD-USF addresses issues of critical importance to teachers and parents of individuals with autism and related disabilities through training opportunities in our 14 county region.

Direct Assistance: Our CARD consultants work with individual constituents and/or their family to provide them, their school or agency with information that will help meet the needs at hand.

Technical Assistance: CARD-USF provides assistance to a professional group, agency, classroom or school district. This level of assistance is for the purpose of offering specific intervention strategies that can modify or enhance the outcomes within a designated setting.

Resource and Referral Assistance: CARD-USF has gathered a list of local and regional resources that may be of use to parents and professionals.

Project Development: CARD-USF engages in project development with the goal of building capacity in the communities we serve.



Scan this code for a practical guide for first responders to meet the needs of individuals with Autism Spectrum Disorders

Want More Information about CARD?

Call:
813-974-2532 or 1-800-333-4530

Website:
<http://card-usf.fmhi.usf.edu>

Write:
CARD-USF MHC 2113A
13301 Bruce B. Downs Blvd.
Tampa, Florida 33612



CARD is a Program of:



CARD-USF serves the following Florida counties:
Charlotte, Collier, Desoto, Glades, Hardee, Hendry,
Highlands, Hillsborough, Lee, Manatee, Pasco,
Pinellas, Polk, and Sarasota.

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Place photo of
my face here

My Name: _____

Birth Date: _____

Address: _____

My Home Phone: (____) _____

My Cell Phone: (____) _____

My Contacts

Mother: _____

Phone: (____) _____

Cell
 Home
 Work

Father: _____

Phone: (____) _____

Cell
 Home
 Work

Other: _____

Phone: (____) _____

Cell
 Home
 Work

My Medical Insurance Information

Name: _____

Phone: (____) _____

Member ID: _____

My Primary Doctor

Name: _____

Phone: (____) _____

My Specialty Doctor

Name: _____

Phone: (____) _____

My Dentist

Name: _____

Phone: (____) _____

My Medical Information

I Communicate By: Speaking Using a Communication Device
 Using Gestures Other: _____
 Using Sign Language _____

My Medical Condition: _____

My Blood Type: _____

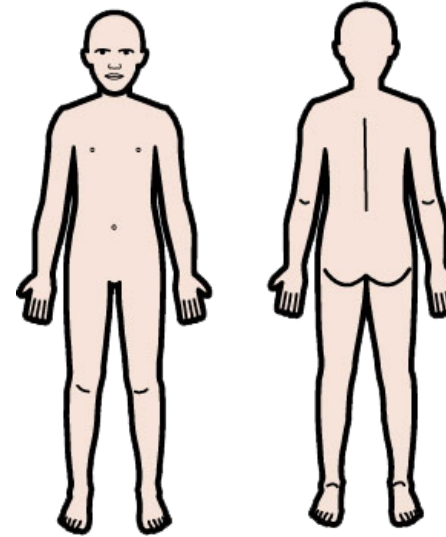
My Medications: (As of date: ___/___/20___) Include name and dosage:

Medication and other Allergies: _____

My Special Needs and Other Information:

The purchaser/user of the Emergency Seatbelt ID assumes full responsibility for the accuracy of information provided, the placement of the ID on any user's safety belt or physical self, and/or any harm produced by the ID holder itself or from any contents placed in the ID holder. Information provided which results in disclosure of information to unwanted parties or resulting in identity theft, is the sole responsibility of the purchaser/user.

Communication Tool



Tips for interacting with persons with Autism

- » Display calming body language, give person extra personal space.
- » Use simple, concrete terms, avoid metaphors and slang; speak slowly and give extra time for them to reply.
- » The person may wander with no fear of real danger; attracted to water and roadways.
- » Very likely person has high anxiety and will display adverse, possibly aggressive, behavior. Given time and space they may deescalate their behavior.
- » The person may be extremely sensitive to lights, sounds, smells or touch.
- » The person may repeat your words/phrases/body language. Try using pictures or fill in the blank questions.
- » Each individual with autism is unique and may act or react differently.

| | | | |
|-------------|-----------------|-----------------|--------------|
| no hurt | little hurt | medium hurt | big hurt |
| head | ear | eye | |
| neck | shoulder | arm | |
| chest | back | stomach | |
| bottom | leg | foot | |
| sick | throw up | diarrhea | |
| dizzy | hot | cold | |