What Does CARD-USF Offer?

Training: CARD-USF addresses issues of critical importance to teachers and parents of individuals with autism and related disabilities through training opportunities in our 14 county region.

Direct Assistance: Our CARD consultants work with individual constituents and/or their family to provide them, their school or agency with information that will help meet the needs at hand.

Technical Assistance: CARD-USF provides assistance to a professional group, agency, classroom or school district. This level of assistance is for the purpose of offering specific intervention strategies that can modify or enhance the outcomes within a designated setting.

Resource and Referral Assistance: CARD-USF has gathered a list of local and regional resources that may be of use to parents and professionals.

Project Development: CARD-USF engages in project development with the goal of building capacity in the communities we serve.
My Medical Information

I Communicate By:  
☐ Speaking  
☐ Using a Communication Device  
☐ Using Gestures  
☐ Other: ______________________

My Medical Condition: ____________________________

My Blood Type: ____________________________

My Medications: (As of date: ___/___/20___) Include name and dosage:

________________________________________________________________________

________________________________________________________________________

Medication and other Allergies: ____________________________

________________________________________________________________________

My Special Needs and Other Information:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Tips for interacting with persons with Autism

» Display calming body language, give person extra personal space.

» Use simple, concrete terms, avoid metaphors and slang; speak slowly and give extra time for them to reply.

» The person may wander with no fear of real danger; attracted to water and roadways.

» Very likely person has high anxiety and will display adverse, possibly aggressive, behavior. Given time and space they may deescalate their behavior.

» The person may be extremely sensitive to lights, sounds, smells or touch.

» The person may repeat your words/phrases/body language. Try using pictures or fill in the blank questions.

» Each individual with autism is unique and may act or react differently.

The purchaser/user of the Emergency Seatbelt ID assumes full responsibility for the accuracy of information provided, the placement of the ID on any user’s safety belt or physical self, and/or any harm produced by the ID holder itself or from any contents placed in the ID holder. Information provided for the result or disclosure of information is warranted parties or modeling identity theft, is the sole responsibility of the purchaser/user.

Printed in the USA. Packaged at The Arc of San Diego. You can download this form at http://card-usf.fmhi.usf.edu/docs/seatbelt-insert.pdf

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