



CARD

**AUTISM &
THE AAPI
COMMUNITY**

A RESOURCE GUIDE



MAY 2024



AUTISM & DISABILITY IN THE ASIAN COMMUNITY

- [Global Perceptions of Autism: Eastern Asia](#) – William & Mary Neurodiversity course blog
- [Asian Americans with Autism](#) – The Bittermelon
- [Why Can't We Talk About Autism in the Asian-American Community?](#) – Autism Parenting Magazine
- [What It's Like Being Disabled And Asian In America](#) – HuffPost
- [Asian Pacific Americans with Disabilities: Our Stories, Our Lives](#) – Disability Visibility Project
- [Asian American and Pacific Islander \(AAPI\) People with Disabilities](#) - RespectAbility
- [Asian Americans with Disabilities Leading the Way](#) – Disability Rights Florida
- [From neurodiversity awareness to autism activism, this disability justice advocate fights for the rights of the marginalized](#) – ABAJournal interview with Lydia X.Z. Brown



MENTAL HEALTH

- [National Asian American Pacific Islander Mental Health Association](#)
- [Asian Mental Health Collective](#)
- [J.S. Park Blog](#) – Korean-American hospital chaplain and author discusses the intersection of Asian heritage, mental health, and faith
- [The Asian-American Perspective on Mental Health](#) – Duke University Neurodiversity and Inclusion blog
- [Confronting Mental Health Barriers in the Asian American and Pacific Islander Community](#) - UCLA Health
- [I am not a Model Minority: Unpacking Asian American Health](#) – Global Alliance
- [Resources for People in the Asian American and Pacific Islander Community](#) – NAMI Massachusetts



RESOURCES FOR FAMILIES

- [Asian Family Health Workgroup: Parent tips on autism](#) - ASERT
- [Autism and the AAPI Communities Rack Card](#) - Autism Society
- [Asian-Language Resource Guide for the Autism and Developmental Disability Community](#) - Autism Society
- [Especially for Chinese-American Families](#) – Sesame Workshop
- [Asians and Pacific Islanders with Disabilities of California](#) – trainings and resources available through California-based disability advocacy group
- [Equity, Diversity, and Inclusion Resources](#) - Resource list by UCLA CART
- [Scholarships for Asian American and Pacific Islander Students](#) - Best Colleges
- [APIDA Tampa Bay & Florida State Resources](#) - USF Office of Multicultural Affairs



RESOURCES FOR PROFESSIONALS

- [Cultural Responsiveness Resource for School Psychologists](#) - National Association of School Psychologists (NASP)
- [Supporting Asian, Asian American, and Pacific Islander Students and Families: Tips for Educators in K-12 Settings](#) - NASP
- [Supporting Asian, Asian American, and Pacific Islander Graduate Students: Tips for Graduate Educators and Students](#) - NASP
- [Providers serving the Chinese-American Community](#) - Sesame Workshop
- [Ableism and the racist model minority myth are keeping Asian Americans from disability care](#) - NBC News
- [Using Silence to Hear the Voices of the AAPI Community in Autism Diagnosis and Treatment](#) - UCLA Tarjan Center Distinguished Lecture Series
- [Asian Pacific Islander Speech-Language-Hearing Caucus](#)



ASIAN NEURODIVERSITY IN MEDIA

Representation in media goes a long way in reducing stigma and encouraging acceptance. CARD-USF's free eLibrary offers a wide variety of diverse content, including books written by and/or featuring those with AAPI heritage.



CARD
E-LIBRARY

card.overdrive.com

Additional Resources

- [YA Disability Database](#)
- [BIPOC Authors](#) - The Autism Books by Autistic Authors Project
- [Disabled Asian Characters/Authors Book List](#) - The Story Graph
- [READING \(AS\)\(I\)AN \(AM\)ERICA](#) (not autism/disability specific)
- [2021 Asian-Authored Books Database](#) (not autism/disability specific) - Shut Up Shealea
- [Amazon Prime series seeks 'authentic portrayal' of Asian Americans on the spectrum](#) - NBC News

