Check off food your child currently eats. If your child previously accepted a food item but no longer eats the food, please circle the item.

**Texture Preference:**
- Crunchy
- Crisp
- Smooth
- Lumpy
- Uniform lumpy (i.e., cottage cheese)
- Hard
- Chewy
- Mixed consistencies

**Taste Preference:**
- Salt
- Sweet
- Spicy
- Tart
- Flavored
- Bland

**Temperature Preference:**
- Hot
- Warm
- Cold
- Cool

**Appetite:**

Best time of the day to eat

________________________________________________________________________________________

________________________________________________________________________________________

**Overall description of appetite:**
- Poor
- Fair
- Good
- Varies from day-to-day
**Breads:**
- Crackers
- Chips
- Pretzels
- Snack mix
- Bugles
- Cheese puffs
- Tostitos/taco chips
- Taco shells (hard)
- Flour tortillas
- Rolls
- Pizza crusts
- Hamburger/hot dog buns
- Bread: white, wheat, rye, potato, rice, gluten-free, pumpernickel, bagels, French bread
- Plain bread sticks
- Garlic bread sticks
- Texas toast/garlic bread
- Hot rolls, baked bread, crescent rolls, croissants
- Biscuits
- Doughnuts, sweet rolls, cinnamon rolls, caramel rolls
- Banana bread, pumpkin bread, apple bread, muffins
- Corn bread
- Cupcakes
- Cake, pies, pastries,
- Cheesecake
- Cookies
- Other
Meats:

- Baked chicken
- Fried chicken
- Chicken strips
- Turkey
- Poultry
- Fish (fried)
- Fish (baked or broiled)
- Tuna
- Salmon
- Beef (steak, roast, deli-style)
- Roast
- Ribs
- Deer
- Hamburger
- Steak
- Ham
- Veal
- Pork
- Sausage
- Bacon
- Chicken or ham salad
- Tuna salad
- Meatballs
- Hot dogs
- Corn dogs
- Bologna
- Lunch meat
- Baby food meat sticks
- Baby food meats (what types?)
Nuts:

- Peanut butter.  Specific brands?
- Peanuts
- Walnuts
- Cashews
- Pecans

Potato Products:

- French fries
- Tater tots
- Hash browns
- Fried potatoes
- Baked potatoes
- Potato chips
- Potato wedges
- Shoestring potato strips
- Mashed potatoes
- Mashed potatoes (with butter)
- Mashed potatoes (with gravy)
- Scalloped/au gratin potatoes
- Baked sweet potatoes
- Candied sweet potatoes
- Sweet potato chips
- Sweet potato fries
- Vegetable chips
- Other
Condiments:

- Ketchup
- Mayonnaise
- Miracle whip
- Mustard
- Dijon or spicy mustard
- Honey mustard
- BBQ sauce
- A1 steak sauce
- Chili sauce
- Worcestershire sauce
- Ranch dressing
- Other salad dressings ______________________
- Butter or margarine
- Chip dip
- Gravy
- Other __________________________

Breakfast Foods:

- Oatmeal
- Cream of wheat
- Pop tarts
- Dry cereal
- Pancakes
- With fruit
- With syrup
- Waffles (homemade)
- Waffles (frozen)
- French toast
- Eggs
- Omelet
- Fried
- Boiled
- Poached
- With cheese, vegetables, salsa, chopped meats, etc.
- Toast
- With cinnamon or butter
- With jelly
- With apple butter
- With peanut butter
- With honey (after age 2)
- Breakfast shakes
- Yogurt
- Go-gurt (what types? __________________________)
- Fresh fruit
- Grits
Vegetables:

- Green beans
- Broccoli
- Cauliflower
- Corn
- Squash
- Cucumber
- Zucchini
- Spinach
- Carrots
- Lettuce
- Coleslaw
- Cabbage
- Sweet potatoes
- Tomatoes
- Asparagus
- Brussels sprouts
- Green pepper
- Onion
- Peas
- Salsa
- Vegetable baby food (what types)
- Other:

Liquids:

- Juice (circle all that apply): orange, cherry, berry, grape, fruit punch, strawberry, strawberry kiwi, cranberry fruit cocktail, white grape, pear, or other: Lemonade
- Milk (circle all that apply): whole, 2%, skim
- Flavored milk (what types?)
- Soda (circle all that apply): cola, lemon-lime, orange, grape, root beer, cream soda. Specific brands:
- Tea (circle all that apply): sweetened, unsweetened
- Milk shakes
- Water
- Other:
Fruit:

- Apple
- Banana
- Blueberry
- Cantaloupe
- Cherry
- Grapes
- Kiwi
- Lemon
- Lime
- Orange
- Pear
- Peaches
- Pumpkin
- Watermelon
- Raisin
- Raspberry
- Rhubarb
- Strawberry
- Tangerine
- Tomato
- Dried fruit
- Other: ________________________________________________________________
Pasta/Italian-style Dishes:

- Spaghetti
- Lasagna
- SpagettiO’s/RavioliO’s
- Casseroles (i.e., hamburger helper)
- Pizza
- Pizza toppings:

Other:________________________________________________________________________

- Rice dishes
- Noodle dishes
- Couscous
Soups:

- Cheese
- Cheese and broccoli
- Cheese and vegetables
- Chili
- Stew
- Vegetable
- Vegetable beef
- French onion
- Egg drop
- Beef noodle
- Chicken noodle
- Chicken and rice
- Other: _______________________________________________________

Cheese/Dairy:

- Cheddar
- American
- Parmesan
- Swiss
- Monterey Jack
- Mozzarella
- Colby
- Cottage cheese
- Sour cream
- Yogurt (what types? _______________________________________
- Cool whip
- Whipped cream
- Ice cream/sherbet (what types? _______________________________)}
Please list your child’s favorite foods/liquids:

1.
2.
3.
4.
5.

Please list your child’s least-favorite foods/liquids:

1.
2.
3.
4.
5.

What goal foods would you like to see your child eat with the rest of the family?

1.
2.
3.
4.
5.
Are there times when your child eats well?

Comments: