



Call CARD-USF today  
to register and see if  
you qualify for a

**FREE safety kit.**

**(813) 974-2532**

**usf.to/autism**

**CARD-USF's Autism & Safety Kit** is designed to provide individuals with an autism spectrum disorder (ASD) and their families with tips, information, advice and resources to help those living with ASD stay safer.

**You may be eligible for a CARD-USF Safety Kit if you...**

+ Have a diagnosis of ASD

**AND**

+ Have safety concerns around water, elopement, fire, and/or poisoning

+ Require assistance from CARD-USF staff to teach safety skills



CARD's safety strategies  
and resources are just a click away!  
[usf.to/CARDAutismSafety](http://usf.to/CARDAutismSafety)





# Top Safety Tips

- 1. Request an Autism Safety Kit** and teach family members how to use it.
- 2. Complete and attach the Medi-Pal** to your child's seat belt. Model car safety—wear your seatbelt and do not text and drive.
- 3. Purchase bike helmets and require them** to be worn at all times. Model this behavior by wearing your helmet too!
- 4. Teach and practice pedestrian safety.**
- 5. Assess your child's risk** for wandering. Request and implement strategies to prevent wandering.
- 6. Register for swim lessons** that include water safety and self-rescue skills.
- 7. Assign a 'Water Watcher'** whenever near water.
- 8. Lock and protect chemicals** and drugs that can cause accidental poisoning.
- 9. Purchase and install smoke alarms.** Contact your local fire department if you cannot afford a smoke alarm.
- 10. Create a plan** to evacuate in case of emergency or fire.
- 11. Prevent abuse** and exploitation of persons with ASD. **Report abuse** to 911 or the Florida Abuse Hotline.
- 12. Program emergency numbers** into your phone:  
Emergency Services, 911  
Poison Control,  
1-800-222-1222  
Florida Highway Patrol,  
\*347 (Cellular)  
Florida Abuse Hotline,  
1-800-962-2873



Your family's safety strategy begins with a call to **CARD-USF!**

**813-974-2532**

